

Chores by age

Two jobs each to start. Same job, same day. A grown-up checks, every time, for the first few weeks.

JOB	MON	TUE	WED	THU	FRI	SAT	SUN
Lay the table Age 4-6							
Shoes and coat away Age 4-6							
Clear own plate Age 7-9							
Feed the pets Age 7-9							
Own washing on and away Age 10-12							
Bins out Age 10-12							
Cook one dinner Age 13+							
Change own bed Age 13+							
Your own							

NAME

Pick from the row that fits the child,
not the one that matches their birthday. asknoa.app/blog